

ROCK SOLID: The God of the Psalms

“God is Our Hiding Place” Psalm 46 | July 3-4, 2021

This provides about one hour of focused reading and discussion following the points of Pastor Dary Northrop’s message. Feel free to use the portions you find most helpful.

Kick Off Question: Pastor Dary shared about hiding places he enjoyed as a kid. Did you ever have a special fort or hide-out growing up? If yes, what was it like?

1. Identify your **power source**. (Psalm 46:1)

- When life gets difficult, what is your “default” response? Do you withdraw? Become easily frustrated or aggressive? Do you look to your problem-solving skills or your money? Have your tendencies changed over the years?
- Read **Matthew 6:33-34** and **Romans 8:30-32**; discuss connections you notice with the first verse of Psalm 46.

2. **Fear must not win our mind over**. (Psalm 46:2-3)

- Read **2 Timothy 1:7**. When situations are not in your control, how do you **combat fear** and move forward with **courage**?
- Developing **courage** in our character can help us have the **mental attitude** needed to deal with the difficulty, without losing our pursuit of an important goal - or even to simply survive an ordeal. In fact, Civil War veteran William T. Sherman defined it this way: “Courage: a perfect sensibility of the measure of danger, and the mental willingness to endure it.”
- Read **Mark 14:34-36**. How did Jesus model courage in this passage?

3. God is greater than the **weapons** of men. (Psalm 46:4-9)

- What are some of the weapons of our Enemy?
- Read **Isaiah 54:17**, **2 Kings 6:15-17**, **Psalm 31:3-5**, **2 Chronicles 32:6-8 + v. 22**, **1 John 4:4**. How is God’s intervention different from our own efforts?
- What other examples from scripture can you think of that show God’s intervention?
- How do we deal with situations when the miracle we hoped for isn’t provided? What counsel can we receive from **Romans 8:35-39**, **Philippians 1:21**, and **John 11:25**?

4. Where do you go to **hide in peace**? (Psalm 46:10-11)

- We are most familiar with the first part of Psalm 46:10. How might our perspective change when we read the whole verse?
- Read **John 14:27**, **Philippians 4:7**, and **Colossians 3:15**.

One thing to practice this week: **BE STILL**.

Close with **Psalm 31: 23-24** and a theme-related song, “**Battle Belongs**.”

<https://www.youtube.com/watch?v=johgSkNj3-A>

If you have a prayer need, ask a friend or two here to pray with you, and to support you in prayer this week.