

Scripture:

2 Cor 1:3-4, "... God is our merciful Father and the source of all comfort He comforts us in all our troubles so that we can comfort others..."

Journal Prompt:

What do you do when you are experiencing difficulty, how has God brought you comfort in life's challenges?

Prayer:

Dear God, we raise to You all the things that make us feel stressed, and our daily challenges in life. Thank You, Lord, for Your word that reminds us to come to You when we face difficulties. We are not alone. Amen.