

# How We Change: Practicing the Way of Jesus

January 15-16, 2022: Jeff Lucas

This provides about one hour of discussion, music, and readings.

As a springboard for discussion and further study, use the [portions](#) you find most valuable.

## How can we become passionate, committed Christians?

1. We are all being **shaped** daily – consciously or unconsciously.
  - Am I attracted by “respectability” or do I dare to stand out as different?
  - What are some fears I struggle with when it comes to being a believer in a secular world? Read **Philippians 3:8-16**. How does this influence my way of thinking?
2. For the Christian, the primary agent of change in our lives is **the Holy Spirit**.
  - Read **Galatians 5:16-26** and **Romans 12:2**. What do these verses reveal about the process of change for believers?
  - How often do I earnestly ask the Holy Spirit for wisdom or to help change me?
3. The Holy Spirit’s **agenda** is to make us more like **Jesus**.
  - Read **2 Corinthians 3:14-18**, **Isaiah 64:8**, and **Galatians 4:19**. How is “Christ formed in you?”
  - What would it look like to be as productive in my calling in Christ as I was created to be?
  - What are some practical steps we can take to be intentional about changes we are prompted by the Lord to make in our lives?
4. The result will be **heart** change, not just people who make good **choices**.
  - Read **2 Corinthians 5:17**, **Psalms 16:7-9**, **Psalms 17:5**, and **Psalms 33:18-22**.
  - Think about this: *In challenging situations, do I notice that godly responses are becoming second nature to me?*
5. As we choose spiritual practices, we **partner** with God.
  - Read **Philippians 2:12-13** and **1 Timothy 4:7**.
  - How do I practice the presence of God in my life? Discuss ways to do this more.
6. We grow together, in **community** and **mentoring** relationships.
  - Read **Hebrews 3:13** and **10:24-25**; **1 Thessalonians 5:11**. In our lives, how do we determine which voices are worth listening to?

If you have a prayer need, please ask a friend here to pray with you, and to support you in prayer this week.

## 7. Changed lives change the **world**.

- Read **Matthew 5:14, 1 Peter 2:12** and **3:15; John 13:34-35**. What motivates my desire to be a better person?

Close with reading **Hebrews 12:1-3** and listen to the theme-related **song**:

- **“I Want to Know You”**      <https://www.youtube.com/watch?v=AY3EGQvyI5M>

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