

Healthy Mind: God Help Us!

Worry

Matthew 6:24

DISCUSSION QUESTIONS

The following questions are intended to use in discussion and application of the past week's sermon.

Listening

What part of the sermon was most helpful to you or challenged you to think and/or live differently? How will you apply this message to your life?

Engaging

Read Matthew 6:24-34. How does worry connect us to money? If money is our master, does it cause us to worry? How can we move beyond worry with money and other areas of our life?

Read Philippians 4:19. What is the context of this promise? Is God saying He will take care of our needs in connection to giving? What is the connection?

Applying

What are some of your biggest worries? Pastor Dary talked about worthless worry vs. worthwhile worry. What is the difference? Have you ever found yourself worrying about something that will never happen? Think of some scriptures that encourage us not to worry and share with the group.

Praying

Take some time as a group and pray over people impacted by the war in the Ukraine. May the Lord bring an end and healing to the violence and destruction taking place.

In light of this message and discussion:

How can we pray for each other?
Where do you feel challenged or convicted?
What can we praise God for?
How can we pray for our church?