

**Sacred Pathways:
Nine Ways to Connect with God
Week 2: The Naturalist
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**The Naturalist
Naturalists: Loving God Outdoors**

Score these statements on a scale of 0 to 5, with 0 being not true at all and 5 being very true.

- _____ 1. I feel closest to God when I'm surrounded by what he has made—the mountains, the forests, or the ocean.
- _____ 2. I feel cut off if I have to spend too much time indoors, just listening to speakers or singing songs. Nothing makes me feel closer to God than being outside.
- _____ 3. I would rather worship God by spending an hour beside a small brook than by participating in a group service.
- _____ 4. If I could escape to a garden to pray on a cold day, walk through a meadow on a warm day, or take a trip by myself to the mountains on another day, I would be very happy.
- _____ 5. How much does the statement describing the heart's cry of the naturalist resonate with you in comparison with the others?
- **Naturalist: let me be outdoors.**
 - Sensate: let me experience.
 - Traditionalist: let me remember.
 - Ascetic: let me be alone.
 - Activist: let me conquer.
 - Caregiver: let me care.
 - Enthusiast: let me celebrate.
 - Contemplative: let me feel.
 - Intellectual: let me think.
- _____ 6. Seeing God's beauty in nature is more moving to me than understanding new concepts, participating in a formal religious service, or participating in social causes.

Total of all your answers: _____

The highest number of points possible is 30. The higher your score, the stronger the dominance of this spiritual temperament is in your life. But remember, most of us have more than one spiritual temperament. Any score of 15 or higher indicates a tendency toward this temperament.