

S - - T - - A - - R

T - - I - - N - - G

P - - O - - I - - N

T - - - - - A GUIDE TO
APPRENTICESHIP WITH JESUS ▶

“

I had always felt life first as a story: and if there is a story there is a story-teller.

G.K. Chesterton

”

My Spiritual Coach: _____

Phone Number: _____

Everyone needs a coach (Heb. 10:24-25) for motivation (Prov. 27:17) and encouragement (Gal. 6:2). If you don't have a Jesus-centered friendship with someone who can help you process through this book, let us know. We can help!

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“
Everyone has a story. Put another way, everyone’s life is a story. But most people don’t know how to read their life in a way that reveals their story. They miss the deeper meaning in their life, and they have little sense of how God has written their story to reveal Himself and His own story.”

—
Dan Allender

The first four words in the Bible are, “In the beginning God.” And just as with the Bible, so it is true in your life as well. Your spiritual journey began not with your interest in or pursuit of God, but with His unrelenting pursuit of you. “In the beginning” of your story . . . God! One of the most profound realizations that comes along with becoming a Christian is that, in your quest or expedition for God, you mistakenly thought you were the hunter. But nothing could be further from the truth. God is the hunter, the searcher, the pursuing lover. What you thought were your first attempts to reach for God, were only your first moments of awareness of His pursuit of you. And if He is the pursuing Lover, you are the pursued beloved!

“
The outworking of original sin is my failing to rigorously relinquish my identity to God’s story.
—
Rosaria Butterfield”

UNDERSTANDING YOUR STORY BACKWARDS AND FORWARDS

When we share stories of the times in our lives when our faith or trust in God has grown, common experiences emerge between us all. Author Reggie Joiner calls these common experiences “faith catalysts” because they seem to be the key things that God uses to grow your faith in Him.

Note: for further exploration into these catalysts, listen to the 6-part sermon series by Andy Stanley: fivethingsgoduses.com

STOP! Don't do this alone. Well, you can, but there's a better way. One thing you will need for your ongoing spiritual growth is relationships with others. In fact, you'll discover that developing relationships with other Jesus followers is actually a spiritual practice that will be vital for the rest of your life. Do you have this sort of relationship with someone already? If so, ask them to sit down with you to listen and help you think through the five faith catalysts listed on page 8. If you don't know someone yet who could help you do this, let us help. One of our Timberline team members would love to connect with you, maybe over a cup of coffee, and hear your story as you journey through these five faith catalysts.

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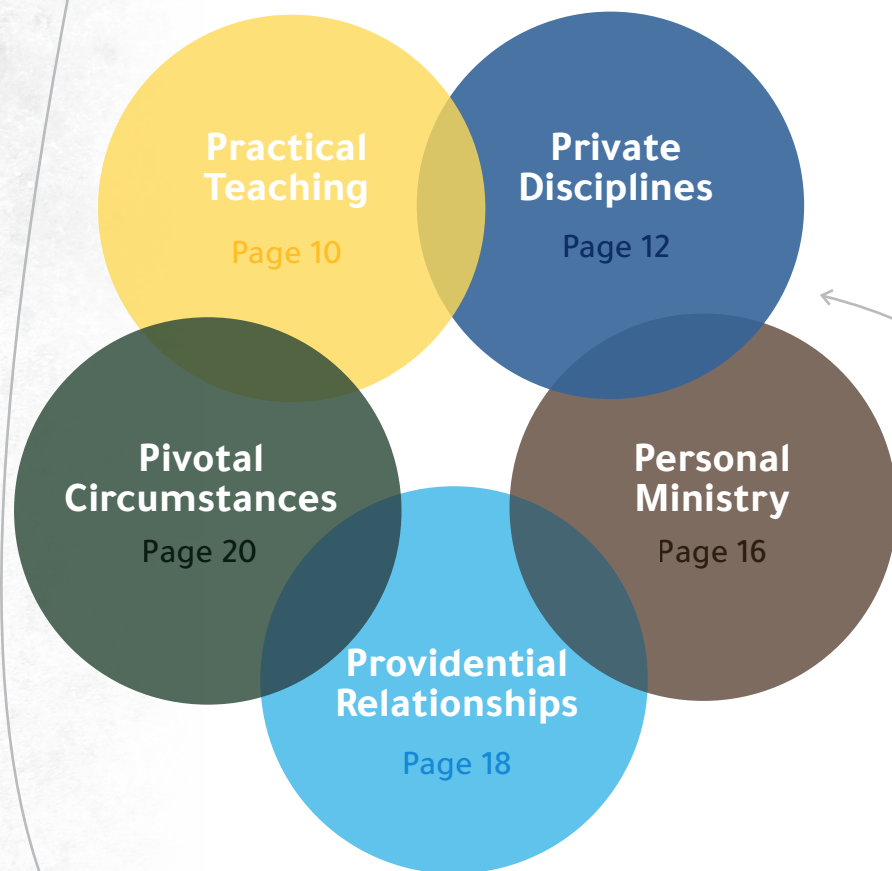
“ When you investigate the life-maps of people there seem to be common catalysts that define and grow our faith. ”

Reggie Joiner

This booklet will walk you through each of the Five Faith Catalysts, helping you to look at your story and see God throughout the entire thing.

THE STARTING POINT

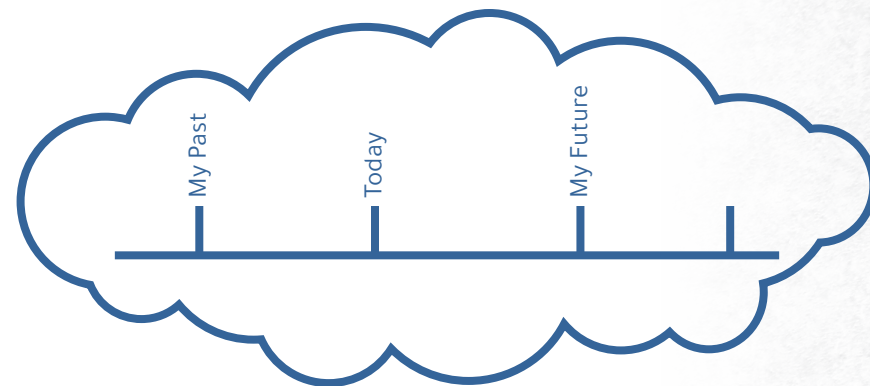
THE FIVE FAITH CATALYSTS



TIMBERLINE CHURCH MISSION STATEMENT

To lead people into a transforming relationship with Jesus and others.

HOW?



Have you ever drawn a life-map? Essentially, it's drawing a timeline of your life to this point, and then marking specific points along that line representing moments which have shaped your story. As you create your life map, see if you can place each event under one of the Five Faith Catalysts. Utilize pages 24-25 to help you organize your thoughts. While each of us has a unique faith story, one thing they all have in common are these Five Faith Catalysts.

NOTE: With which of the Five Faith Catalysts do you want to start? There's no necessary order. Think of it like a "choose your own adventure"!

As you read through these Five Faith Catalysts, write down some ways in the past or present that you've experienced personal, emotional, and spiritual growth under each of the five. (p.24)

1

PRACTICAL TEACHING

REVEALS WHERE WE ARE AND WHERE WE NEED TO GO

When people talk about their faith journeys, even if they grew up in church, they often speak of a time when a mental light bulb went off and they suddenly got it. It might be that you were listening to a Bible teacher or taking part in a small group Bible study, but this time it was different. This time you actually knew what to do with what you'd heard. You knew how to apply the truths of the Bible to your daily life. Maybe it was the first time you really understood the radical nature of God's grace or forgiveness. Practical teaching reveals where you are and where you need to go. You can discover this listening to a sermon, in a group study experience, reading books, blogs, or articles. Are you regularly participating in a healthy, well-balanced church which practically teaches the Bible?

“ I believe in Christianity
as I believe that the
Sun has risen, not only
because I see it but
because by it
I see everything else.
C.S. Lewis ”

REFLECTION QUESTIONS

Notes

WANT TO GO FURTHER?

- Want to find a good study Bible? Ask a team member in the Timberline Book Store. If you already have a Bible you like, start reading in the book of John, and write down your observations and questions. Or listen through a **Bible app**.

SUPPLEMENTAL READING

- Basic Christianity** by **John Stott**. Pick up a free copy in a Timberline new believer's packet.
- The Prodigal God** by **Tim Keller**. Purchase a copy online or in the Timberline Bookstore.

ONLINE RESOURCES

- Listen to past Timberline sermons online, by podcast, or through the **Timberline app** (www.timberlinechurch.org).
- Listen and watch online to over 6,000 Bible study sessions. Text "Rightnow Timberline" to 41411 for free login or go to www.timberlinechurch.org/rightnowmedia.
- Have tough questions? **Get Reasonable Faith**.
- Take advantage of free biblical training from world-class teachers at www.biblicaltraining.org, or download the **app**.

Go Further!



2

PRIVATE DISCIPLINES**TUNE OUR HEARTS TO GOD'S HEART.**

When people tell about their faith journeys they also often speak of private experiences like prayer, Bible reading/memorization/meditation, secret giving, fasting, silence, solitude, etc. Private disciplines (also known as “spiritual practices”) introduce a sense of intimacy with God and provide accountability to our faith walks. They are ways in which we connect with God privately. There is a direct correlation between your private life and your personal faith, but you must always keep in mind that the point of engaging in spiritual disciplines is not to become an expert in spiritual disciplines. Disciplines are just a means to the real end—growing in love for God and others. Disciplines are like railings in a stairway, important only because they keep you from falling as you move along, being transformed in heart and character into the image of Jesus (2 Cor 3:18).

Here's the problem with how we often talk about private disciplines. Many people listen to a sermon or read book by someone they think of as an expert, and assume that they are supposed to engage in private disciplines exactly how “the expert” does. If it doesn't work for them—because they are hardwired differently—they give up, feeling guilty and inadequate.

So, we want to suggest that it's absolutely necessary to understand how God has uniquely hardwired you as you begin to explore engaging in private disciplines (temperament, learning style, spiritual pathway).

What's your temperament? (See page 15)

- ☐ Introverted or extroverted?
- ☐ Prefer data or intuition?
- ☐ Thinker or a feeler?
- ☐ Like things orderly or open-ended?

What are your top learning styles?

- ☐ Visual - learn best by seeing
- ☐ Auditory - learn best by hearing
- ☐ Tactile - learn best by doing
- ☐ Oral - learn best by saying
- ☐ Social - learn best in groups
- ☐ Logical - learn best in linear process
- ☐ Imaginative - learn best through art, story, and image

What are your top spiritual pathways?*(How you experience God most profoundly)*

- ☐ Naturalist - finds God in nature
- ☐ Ascetic - is drawn to disciplines
- ☐ Traditionalist - loves historical liturgies
- ☐ Activist - comes alive spiritually in a great cause
- ☐ Caregiver - meets God in serving
- ☐ Sensate - senses God through five senses
- ☐ Enthusiast - loves to grow through people
- ☐ Contemplative - is drawn to solitary reflection and prayer
- ☐ Intellectual - loves God by learning

Two categories of private disciplines:

- ☐ Detachment: solitude, silence, fasting, frugality, chastity, secrecy, sacrifice
- ☐ Engagement: study, worship, celebration, service, prayer, fellowship, confession, submission

REFLECTION QUESTIONS

- What has been your experience with private disciplines or spiritual practices?
- Which are most appealing to you, and why?
- Based on your temperament, learning style, and spiritual pathway, how might you engage in a private discipline in ways that fit and complement your hardwiring?
- What questions do you have about spiritual disciplines?
- Which discipline do you believe God might be leading you to explore?

“
There is no slavery that can compare to the
slavery of ingrained habits of sin.

Richard Foster

WANT TO GO FURTHER?

Notes

- Want to know more about your temperament? Take this online assessment (www.quistic.com/personality-type/test).
- For a one page overview of each of the private disciplines, download the PDF on www.timberlinechurch.org/pd
- Read **Sacred Pathways: Discover Your Soul's Path to God** by **Gary Thomas**. Purchase your copy online or in the Timberline Bookstore.
- Read **Celebration of Discipline** by **Richard Foster**. Purchase your copy online or in the Timberline Bookstore.
- If you are looking for a starting point in reading the Bible, start with the Gospel of John. Keep a notebook handy and jot down any questions that come up as you read.
- Go to www.biblegateway.com, and search various topics in the Bible such as love, thanksgiving, peace, grace, mercy, etc. Write out the verses that resonate with you and meditate on them.
- From your smartphone or tablet download a **Bible app** and read or listen to the audio Bible.

Go
Further!



3

PERSONAL MINISTRY

ENABLES US TO EXPERIENCE GOD'S POWER

There are few things that stretch and grow our trust in God like stepping into a ministry/service environment where we feel inadequate for the task. It's then that God must show up in order for things to succeed, and when He does our trust in Him grows. Examples of personal ministry are numerous: facilitating a small group, working in a specific church ministry (childcare, adult education, communion preparation, ushers, greeters, prayer teams, café volunteer, etc.), or ministry outside the physical church building (community outreach through Serve 6.8, homebound visitation, serving a neighbor, volunteering at a local school, etc.). God is inviting you to step out of your comfort zone and watch what He will do both in you and through you.

“

Tasks don't have to be high-impact to be worthy of high effort. Most things we do in any given day are relatively low impact. The cumulative impact of thousands of low-impact tasks is huge. These tasks can be transposed into worship.

”

John Piper

REFLECTION QUESTIONS

Notes

- What has been your experience with volunteering or serving others in the past?
- What do you think God might be nudging you to do (maybe a thought that just won't go away)?
- What are your hesitations or excuses for not getting involved serving somewhere?
- If you've been impacted by the ministries of Timberline, it's not because we have the most talented, capable people serving here. It's because a lot of individuals (with all their inadequacies) stepped out and decided to give what little time, talent, or treasure they had in service for God, and God used it to impact your life. What might God want to use in your life to impact others?
- We don't have to go very far to serve others. What are some ways you can use your experience and abilities to make little deposits of love in your home? At work? In your neighborhood?

WANT TO GO FURTHER?

- There are many opportunities to serve at Timberline. Through “Serving Central” a Ministry Guide is available to meet one-on-one with you to help you discover your personal ministry. Through the Timberline website you will find the SHAPE Assessment, an online tool for discovering your God-given gifts, heart, abilities and passions (timberlinechurch.org/serve/volunteer-opportunities). Your results will be emailed to you.
- Read or listen to the audio book, **Love Does**, by **Bob Goff**.

4

PROVIDENTIAL RELATIONSHIPS

ALLOW US TO HEAR FROM GOD THROUGH OTHERS

While the first three of the five catalysts are well within our control to jump into, these next two are a bit different. I can't create a "providential relationship," because, by definition, it's provided by God. These are the relationships we look back on and come to believe that God put into our lives. People's faith stories always involve that couple, that guy, a neighbor, an old roommate, that friend, a coworker, etc. Through these people intersecting with our lives, we hear from God or we see God reflected in them. While we can't create a providential relationship, we can put ourselves in environments where we're likely to meet someone through whom we might encounter God.

“

I believe many Christians today head in a dangerous direction when they neglect these essential relationships and decide they can do without a community that enfolds and nurtures the life of God within them.

Mindy Caliguire

”

REFLECTION QUESTIONS

- It might have been a long-term friendship, or a brief encounter, but can you think of a person, couple, or maybe even a group that God brought along at just the right time?
- Does anything hold you back from getting involved with others?
- What relational weaknesses or hang-ups of yours have caused issues for you or others in the past?

WANT TO GO FURTHER?

- If you haven't already, make the first step to get involved in a Timberline small group (www.timberlinechurch.org/smallgroups).
- Read **Spiritual Friendship** by **Mindy Caliguire**. Purchase your copy online or in the Timberline bookstore.
- Do you have relationships with other Jesus followers? If so, ask one of them to coffee and to walk through these Five Faith Catalysts with you. If you don't know someone yet who could help you do this, let us help. One of our Timberline team members would love to connect with you.

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5

PIVOTAL CIRCUMSTANCES

FORCE US TO LOOK TO GOD

Finally, when people describe their faith journeys, they always include events that could be described as “defining moments.”

Some are good (discovering a new opportunity, being awarded a scholarship, getting married, having a baby, receiving a promotion or a job transfer). But just as often, these defining moments involve pain and disappointment (the death of a friend or family member, divorce, prolonged illness, a job transfer, betrayal by a friend). One challenge with this catalyst is that we don’t chose or schedule pivotal circumstance or see them coming, but they have the power to either strengthen or erode our confidence in God.

What makes the difference as to which way a pivotal circumstance pushes you in relation to your faith? It’s not the event itself, because two people could go through the same difficult experience and have completely different responses—trusting God or walking away from God. It’s not the event itself, but how you interpret and respond to the event. If your worldview includes elements like knowing that everything belongs to God

“

Out of the greatest evil, the death of Jesus, came the greatest good. God transforms evil into good without diminishing the awfulness of the evil.

”

Peter Scazzero

and we are just managers, then nothing we have or lose will distract us or bring us to despair (1 Cor 10:26). If your worldview includes the understanding that God is sovereign and good, then you’ll live with a confidence that in all situations, God really will work for your flourishing (Rom 8:28). And of course, your worldview is partially shaped by the first faith catalyst—practical teaching.

This brings up an important point. All of these Five Faith Catalysts are intertwined. When going through a difficult pivotal circumstance, not only do you need to be fortified by practical Bible teaching (#1), you also need to lean on relationships which may be providential (#4), and so on. The conclusions we draw about God in the midst of our pivotal circumstances drive us toward or away from deeper trust in God.

REFLECTION QUESTIONS

- What have been pivotal circumstances in your life which have pushed you closer to God?
- Read Proverbs 30:7-9. What do you think might pose the greatest threat to your faith—soaring success or deep difficulty?
- Your emotional thoughts largely shape how you interpret the world? How would you describe your worldview?
- How do you think God is shaping you right now through your circumstances?
- Are you able to ask God to not just comfort you during your trials, but to mold and make you inwardly more like Jesus?
- Do you have any spiritual blocks and wounds? What has consistently blocked your journey into your spiritual longings? And how can you be free of those hindrances into your spiritual longing?

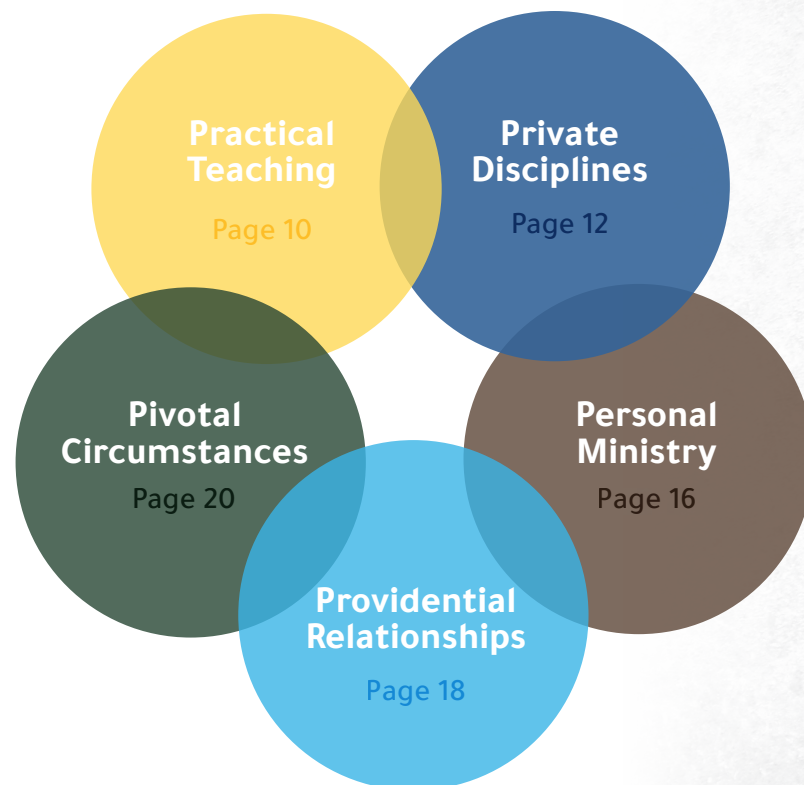
WANT TO GO FURTHER?

- Sit down with another follower of Jesus and talk about the pivotal circumstances in your life. Or contact one of our Timberline team members.
- Because our families of origin and pasts shape us more than any other factor, go through and answer the 13 Genogram questions and the three application questions on page 28.
- On your smartphone or tablet download the **Emotionally Healthy Skills 2.0 app** and take the “EHS Assessment,” or inventory of spiritual/emotional maturity, or online at (www.emotionallyhealthy.org/tools/ehs-toolbox/personal-assessment/).
- Watch Peter Scazzero’s “Emotionally Healthy Spirituality” streaming messages (search title at www.timberlinechurch.org/rightnowmedia).

Go
Further!



THE FIVE FAITH CATALYSTS



Now this is important! This list of Five Faith Catalysts is not a checklist or to-do list. Rather, it is a filter to look through as you walk into your future as an apprentice of Jesus. God has told us that His ultimate goal for who we become inwardly (our attitudes, desires, understanding, character, etc.) is to be transformed into the image of Jesus (2 Cor 3:18; Rom 8:29). And as we do life with God, we learn that He is actually more committed to us becoming the best, flourishing versions of ourselves than even we are. So, how do you suppose God will go about this process of transforming your life and trust in Him? Simple. Through these five catalysts.

Write down your next steps on page 26.

RESOURCES

YOUR STORY

As you think back over the years and seasons of your life, can you identify any significant turning points with your trust in God? Which of the Five Faith Catalysts did they fall into? Chart them in your story here.

YEAR/YEARS /SEASON							
TURNING POINTS							
PRACTICAL TEACHING							
PRIVATE DISCIPLINES							
PERSONAL MINISTRY							
PROVIDENTIAL RELATIONSHIPS							
PIVOTAL CIRCUMSTANCES							

RESOURCES

LOOKING FORWARD

PRACTICAL TEACHING	PRIVATE DISCIPLINES	PERSONAL MINISTRY

As you think about your life as an apprentice of Jesus, and how God is currently and will continue to grow you in the future, which of these Five Faith Catalysts are you most intrigued by? Which have really not yet been any significant part of your life? Which do you think God may be calling you to explore? Talk to someone about that next step you're going to take in one of those areas.

PROVIDENTIAL RELATIONSHIPS	PIVOTAL CIRCUMSTANCES

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RESOURCES

GENOGRAM QUESTIONS

A Genogram is a powerful tool to become aware of patterns in your family of origin that hinder your emotional and spiritual growth. Once you are aware of them, you can change the unhealthy patterns. Need help? Watch a short video training on [Vimeo.com](https://www.vimeo.com), search “Genogram Your Family”. [IMPORTANT:] Fill out the genogram through the eyes of your childhood (as if between eight and twelve years old).

1. Describe each family member with two or three adjectives (parents, caretakers, grandparents, siblings, children).
2. Describe your parents' (caretakers') and grandparents' marriages.
3. How was conflict handled in your extended family over two to three generations? Anger? Gender Roles?
4. What were some generational themes (e.g., addictions, affairs, losses, abuse, divorce, depression, mental illness, abortions, children born out of wedlock, etc.)?
5. How well did your family do in talking about feelings?
6. How was sexuality talked or not talked about? What were the implied messages?
7. Were there any family “secrets” (such as a pregnancy out of wedlock, incest, or major financial scandal)?

8. What was considered “success” in your family?
9. How was money handled? Spiritually? Holidays? Relationships with extended family?
10. How did your family's ethnicity shape you?
11. Were there any heroes or heroines in the family? Scapegoats? “Losers”? Why?
12. What kinds of addictions, if any, existed in the family?
13. Were there traumatic losses in the past or present, such as sudden death, prolonged illnesses, stillbirths/miscarriages, bankruptcy, or divorce?

The above exercise, while painful, leads us to ask three essential questions if we are going to live and lead with integrity.






1. What one or two patterns might emerge of how your family has impacted who you are today?
2. In what area(s) might you be shaping your life and your ministry [calling] according to your past rather than Christ's family?
3. What “hard work of discipleship” might you have before you?

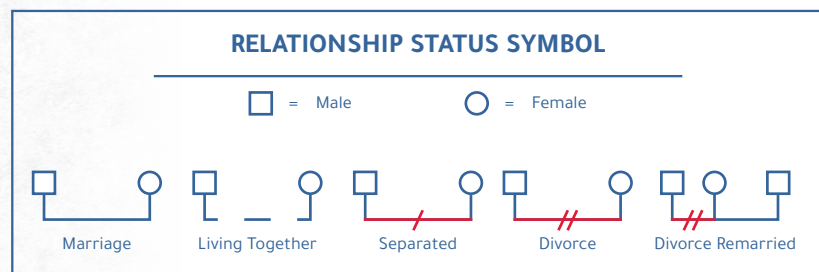
The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives, Peter Scazzero (Zondervan, 2010), p. 98.



RESOURCES

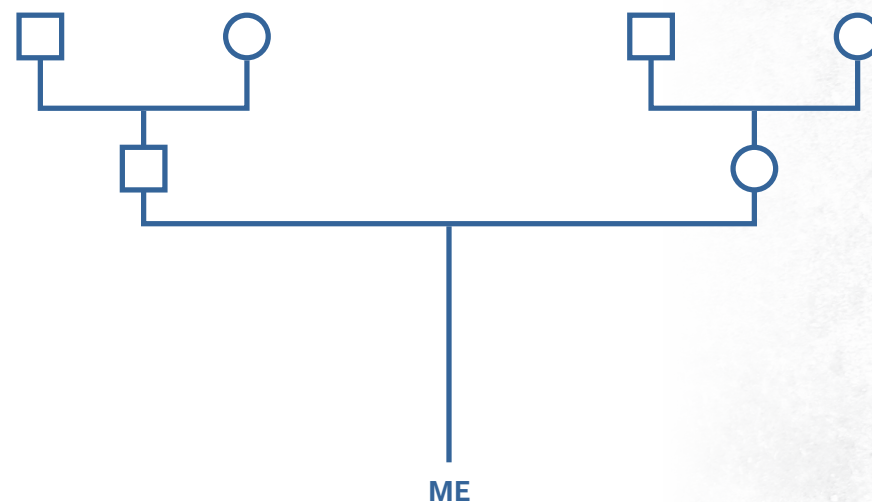
GENOGRAM YOUR FAMILY

Relationship	Relationship Dynamics	Symbol
Conflicted	A consistent pattern where issues do not get resolved between people.	
Cut Offs	People in the family stop talking to one another or avoid contact.	
Distant/Poor	Low or minimal emotional connection between family members.	
Enmeshment	Pressure is created for family members to think, feel and act alike. There is low tolerance for people to be separate, to disagree, or be different.	
Abuse	A severe crossing of personal boundaries-whether it be sexual, emotional, or physical, severely injuring the dignity and humanity of another.	



The goal is not to get the symbols perfect, but to become aware of unhealthy, sinful patterns from our family of origin that are hindering our spiritual and emotional growth into maturity in Christ.

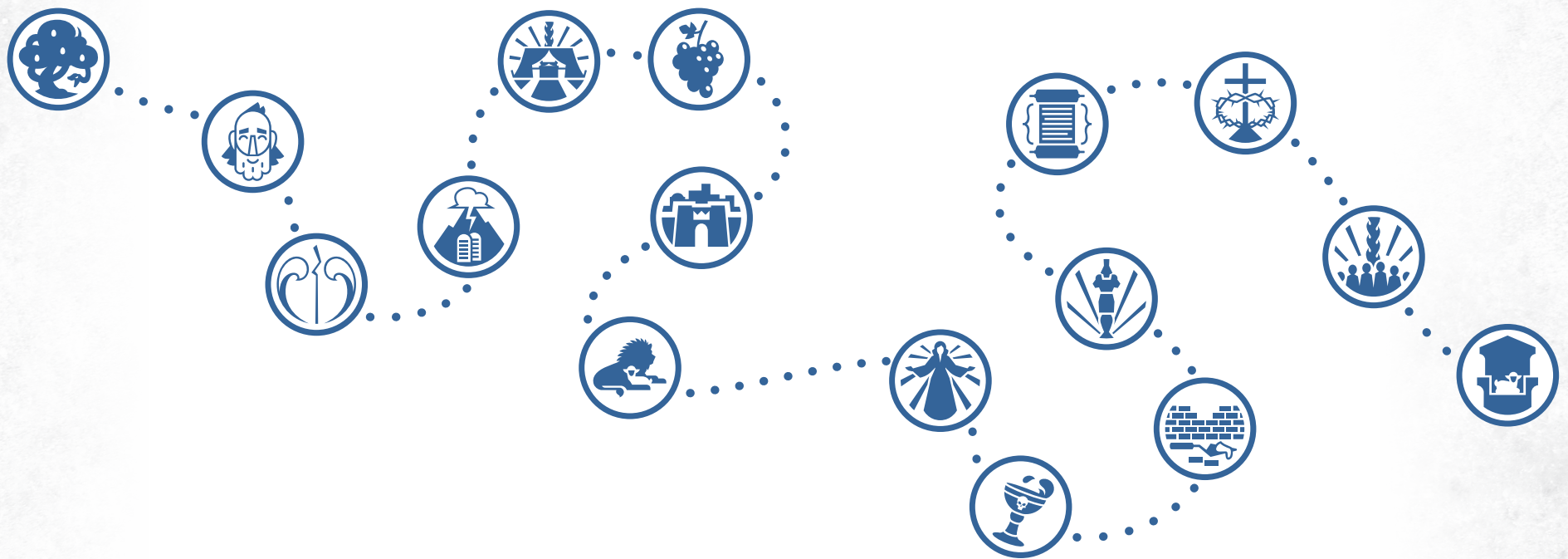
*Need help: Watch this short video training from Emotionally Healthy Skills 2.0 to understand more. (See p.28)





THE BIBLE PROJECT

READING PLAN





CHAPTER 1

CREATION AND THE FALL

	READING	PSALM	VIDEO
1Jan	Genesis 1-3	1	THM: Tree of Life
2Jan	Genesis 4-7	2	TOR: Genesis 1-11
3Jan	Genesis 8-11	3	RTB: Biblical Story



CHAPTER 2

ABRAHAM COVENANT

	READING	PSALM	VIDEO
4Jan	Genesis 12-15	4	OV: Genesis 1-11
5Jan	Genesis 16-18	5	THM: The Covenants
6Jan	Genesis 19-21	6	RTB: Literary Styles
7Jan	Genesis 22-24	7	RTB: Ancient Jewish Mediation Literature
8Jan	Genesis 25-28	8	THM: Image of God
9Jan	Genesis 29-31	9	TOR: Genesis 12-50
10Jan	Genesis 32-34	10	
11Jan	Genesis 35-37	11	
12Jan	Genesis 38-40	12	
13Jan	Genesis 41-42	13	
14Jan	Genesis 43-45	14	
15Jan	Genesis 46-47	15	
16Jan	Genesis 48-50	16	OV: Genesis 12-50

RTB: How to Read the Bible
THM: Themes Series
WDS: Word Studies

OV: Book Overviews
TOR: Torah Series
BC: Book Collections



CHAPTER 3

THE EXODUS FROM EGYPT

	READING	PSALM	VIDEO
17Jan	Exodus 1-3	17	TOR: Exodus 1-18
18Jan	Exodus 4-6	18	RTB: Character
19Jan	Exodus 7-9	19	
20Jan	Exodus 10-12	20	
21Jan	Exodus 13-15	21	
22Jan	Exodus 16-18	22	OV: Exodus 1-18



CHAPTER 4

THE COVENANT AT MT. SINAI

	READING	PSALM	VIDEO
23Jan	Exodus 19-21	23	TOR: Exodus 19-40
24Jan	Exodus 22-24	24	THM: Justice
25Jan	Exodus 25-27	25	
26Jan	Exodus 28-29	26	
27Jan	Exodus 30-31	27	THM: Sabbath
28Jan	Exodus 32-34	28	THM: Character of God
29Jan	Exodus 35-40(Skim)	29	OV: Exodus 19-40
30Jan	Leviticus 1-4	30	TOR: Leviticus
31Jan	Leviticus 5-7	31	THM: Sacrifice & Atonement
1Feb	Leviticus 8-10	32	
2Feb	Leviticus 11-13	33	THM: Law
3Feb	Leviticus 14-15	34	RTB: The Law
4Feb	Leviticus 16-18	35	
5Feb	Leviticus 19-20	36	
6Feb	Leviticus 21-23	37	
7Feb	Leviticus 24-25	38	
8Feb	Leviticus 26-27	39	OV: Leviticus



CHAPTER 5

THE WILDERNESS

	READING	PSALM	VIDEO
9Feb	Numbers 1-4	40	TOR: Numbers
10Feb	Numbers 5-7(Skim7)	41	
11Feb	Numbers 8-10	42	
12Feb	Numbers 11-13	43	
13Feb	Numbers 14-16	44	
14Feb	Numbers 17-18	45	
15Feb	Numbers 19-21	46	
16Feb	Numbers 22-24	47	
17Feb	Numbers 25-27	48	
18Feb	Numbers 28-30	49	
19Feb	Numbers 31-32	50	
20Feb	Numbers 33-34	51	
21Feb	Numbers 35-36	52	OV: Numbers
22Feb	Deuteronomy 1-3	53	TOR: Deuteronomy
23Feb	Deuteronomy 4-6	54	WDS: Shema - Listen
24Feb	Deuteronomy 7-9	55	WDS: YHWH - Lord
25Feb	Deuteronomy 10-12	56	WDS: Ahavah - Love
26Feb	Deuteronomy 13-14	57	WDS: Lev - Heart
27Feb	Deuteronomy 15-16	58	WDS: Nephesh - Soul
28Feb	Deuteronomy 17-20	59	WDS: Meod - Strength
29Feb	Deuteronomy 21-23	60	
1Mar	Deuteronomy 24-27	61	
2Mar	Deuteronomy 28-29	62	
3Mar	Deuteronomy 30-31	63	
4Mar	Deuteronomy 32-34	64	OV: Deuteronomy



CHAPTER 6

THE PROMISED LAND

	READING	PSALM	VIDEO
5Mar	Joshua 1-4	65	OV: Joshua
6Mar	Joshua 5-8	66	RTB: Design Patterns
7Mar	Joshua 9-12	67	
8Mar	Joshua 13-21 (Skim)	68	
9Mar	Joshua 22-24	69	
10Mar	Judges 1-3	70	OV: Judges
11Mar	Judges 4-5	71	
12Mar	Judges 6-8	72	RTB: Plot
13Mar	Judges 9-12	73	
14Mar	Judges 13-15	74	
15Mar	Judges 16-18	75	
16Mar	Judges 19-21	76	



CHAPTER 7

RISE AND FALL OF ISRAEL'S KINGDOM

	READING	PSALM	VIDEO
17Mar	Ruth	77	OV: Ruth
18Mar	1 Samuel 1-3	78	OV: 1 Samuel
19Mar	1 Samuel 4-8	79	
20Mar	1 Samuel 9-12	80	
21Mar	1 Samuel 13-14	81	
22Mar	1 Samuel 15-17	82	
23Mar	1 Samuel 18-20	83	
24Mar	1 Samuel 21-24	84	
25Mar	1 Samuel 25-27	85	
26Mar	1 Samuel 28-31	86	
27Mar	2 Samuel 1-3	87	OV: 2 Samuel

28Mar	2 Samuel 4-8	88	
29Mar	2 Samuel 9-12	89	
30Mar	2 Samuel 13-15	90	
31Mar	2 Samuel 16-18	91	
1Apr	2 Samuel 19-21	92	
2Apr	2 Samuel 22-24	93	
3Apr	1 Kings 1-3	94	OV: 1 & 2 Kings
4Apr	1 Kings 4-7	95	
5Apr	1 Kings 8-10	96	
6Apr	1 Kings 11-13	97	
7Apr	1 Kings 14-16	98	
8Apr	1 Kings 17-19	99	
9Apr	1 Kings 20-22	100	
10Apr	2 Kings 1-3	101	
11Apr	2 Kings 4-7	102	
12Apr	2 Kings 8-11	103	
13Apr	2 Kings 12-14	104	
14Apr	2 Kings 15-17	105	
15Apr	2 Kings 18-19	106	
16Apr	2 Kings 20-22	107	
17Apr	2 Kings 23-25	108	



CHAPTER 8

THE PROPHETS BEFORE THE EXILE

	READING	PSALM	VIDEO
18Apr	Isaiah 1-4	109	RTB: The Prophets
19Apr	Isaiah 5-8	110	THM: Holiness
20Apr	Isaiah 9-12	111	THM: Into To Spiritual Beings

21Apr	Isaiah 13-17	112	THM: Elohim
22Apr	Isaiah 18-22	113	THM: The Divine Council
23Apr	Isaiah 23-27	114	THM: Angels and Cherubim
24Apr	Isaiah 28-30	115	THM: Angel of the Lord
25Apr	Isaiah 31-35	116	THM: The Satan and Demons
26Apr	Isaiah 36-38	117	THM: The New Humanity
27Apr	Isaiah 39-41	118	OV: Isaiah 1-39
28Apr	Isaiah 42-44	119:1-32	
29Apr	Isaiah 45-48	119:33-64	
30Apr	Isaiah 49-51	119:65-96	THM: Compassion
1May	Isaiah 52-54	119:97-128	THM: Gospel of the Kingdom
2May	Isaiah 55-57	119:129-152	
3May	Isaiah 58-60	119:153-176	
4May	Isaiah 61-64	120	
5May	Isaiah 65-66	121	OV: Isaiah 40-66
6May	Hosea 1-5	122	OV: Hosea
7May	Hosea 6-10	123	
8May	Hosea 11-14	124	
9May	Joel	125	OV: Joel
10May	Amos 1-5	126	OV: Amos
11May	Amos 6-9	127	
12May	Obadiah	128	OV: Obadiah
13May	Jonah	129	OV: Jonah
14May	Micah 1-4	130	OV: Micah
15May	Micah 5-7	131	
16May	Nahum	132	OV: Nahum
17May	Habakkuk	133	OV: Habakkuk
18May	Zephaniah	134	OV: Zephaniah



CHAPTER 9

THE WISDOM OF ISRAEL

	READING	PSALM	VIDEO
19May	Job 1-3	135	BC: Job
20May	Job 4-7	136	
21May	Job 8-11	137	
22May	Job 12-15	138	
23May	Job 16-19	139	
24May	Job 20-23	140	
25May	Job 24-28	141	
26May	Job 29-31	142	
27May	Job 32-34	143	
28May	Job 35-37	144	
29May	Job 38-39	145	
30May	Job 40-42	146	OV: Job
31May	Psalms 1-2	147	
1Jun	Proverbs 1-3	148	RTB: Books of Solomon
2Jun	Proverbs 4-6	149	BC: Proverbs
3Jun	Proverbs 7-9	150	OV: Psalms
4Jun	Proverbs 10-12	1	RTB: Psalms
5Jun	Proverbs 13-15	2	RTB: Poetry
6Jun	Proverbs 16-18	3	RTB: Metaphor in Biblical Poetry
7Jun	Proverbs 19-21	4	
8Jun	Proverbs 22-24	5	
9Jun	Proverbs 25-27	6	
10Jun	Proverbs 28-31	7	OV: Proverbs
11Jun	Ecclesiastes 1-4	8	BC: Ecclesiastes
12Jun	Ecclesiastes 5-8	9	
13Jun	Ecclesiastes 9-12	10	OV: Ecclesiastes
14Jun	Song of Songs 1-4	11	
15Jun	Song of Songs 5-8	12	OV: Song of Songs



CHAPTER 10

THE PROPHETS OF THE EXILE

	READING	PSALM	VIDEO
16Jun	Jeremiah 1-3	13	OV: Jeremiah
17Jun	Jeremiah 4-6	14	
18Jun	Jeremiah 7-9	15	
19Jun	Jeremiah 10-13	16	
20Jun	Jeremiah 14-17	17	
21Jun	Jeremiah 18-22	18	
22Jun	Jeremiah 23-25	19	
23Jun	Jeremiah 26-29	20	
24Jun	Jeremiah 30-32	21	
25Jun	Jeremiah 33-36	22	
26Jun	Jeremiah 37-39	23	
27Jun	Jeremiah 40-44	24	
28Jun	Jeremiah 45-48	25	
29Jun	Jeremiah 49-50	26	
30Jun	Jeremiah 51-52	27	
1Jul	Lamentations 1-2	28	OV: Lamentations
2Jul	Lamentations 3	29	
3Jul	Lamentations 4-5	30	
4Jul	Ezekiel 1-4	31	OV: Ezekiel 1-33
5Jul	Ezekiel 5-8	32	WDS: Sin
6Jul	Ezekiel 9-12	33	WDS: Transgression
7Jul	Ezekiel 13-15	34	WDS: Iniquity
8Jul	Ezekiel 16-18	35	
9Jul	Ezekiel 19-21	36	
10Jul	Ezekiel 22-24	37	
11Jul	Ezekiel 25-27	38	
12Jul	Ezekiel 28-30	39	
13Jul	Ezekiel 31-33	40	
14Jul	Ezekiel 34-36	41	OV: Ezekiel 34-48
15Jul	Ezekiel 37-39	42	
16Jul	Ezekiel 40-44	43	
17Jul	Ezekiel 45-48	44	



CHAPTER 11 RETURN FROM EXILE

	READING	PSALM	VIDEO
18Jul	Ezra 1-3	45	OV: Ezra-Nehemiah
19Jul	Ezra 4-7	46	THM: Exile
20Jul	Ezra 8-10	47	
21Jul	Nehemiah 1-3	48	
22Jul	Nehemiah 4-6	49	
23Jul	Nehemiah 7-9	50	
24Jul	Nehemiah 10-11	51	
25Jul	Nehemiah 12-13	52	
26Jul	Esther 1-5	53	OV: Esther
27Jul	Esther 6-10	54	



CHAPTER 12 PROPHETS AFTER THE EXILE

	READING	PSALM	VIDEO
28Jul	Daniel 1-3	55	OV: Daniel
29Jul	Daniel 4-6	56	THM: The Way of Exile
30Jul	Daniel 7-9	57	
31Jul	Daniel 10-12	58	
1Aug	Haggai	59	OV: Haggai
2Aug	Zechariah 1-4	60	OV: Zechariah
3Aug	Zechariah 5-8	61	
4Aug	Zechariah 9-14	62	THM: Day of the Lord
5Aug	Malachi 1-2	63	OV: Malachi
6Aug	Malachi 3-4	64	



CHAPTER 13 THE STORY SO FAR: THE CHRONICLES

	READING	PSALM	VIDEO
7Aug	1 Chronicles 1-10	65	OV: 1-2 Chronicles
8Aug	1 Chronicles 11-14	66	
9Aug	1 Chronicles 15-17	67	
10Aug	1 Chronicles 18-21	68	
11Aug	1 Chronicles 22-24	69	
12Aug	1 Chronicles 25-28	70	
13Aug	2 Chronicles 1-4	71	
14Aug	2 Chronicles 5-8	72	THM: Temple
15Aug	2 Chronicles 9-12	73	
16Aug	2 Chronicles 13-17	74	
17Aug	2 Chronicles 18-20	75	
18Aug	2 Chronicles 21-24	76	
19Aug	2 Chronicles 25-27	77	
20Aug	2 Chronicles 28-31	78	
21Aug	2 Chronicles 32-34	79	
22Aug	2 Chronicles 35-36	80	THM: Messiah



CHAPTER 14 JESUS AND THE KINGDOM

	READING	PSALM	VIDEO
23Aug	Matthew 1-2	81	RTB: The Gospel
24Aug	Matthew 3-4	82	OV: Matthew 1-13
25Aug	Matthew 5-6	83	RTB: Setting
26Aug	Matthew 7-8	84	THM: Son of Man
27Aug	Matthew 9-10	85	THM: God
28Aug	Matthew 11-12	86	
29Aug	Matthew 13-14	87	RTB: The Parables of Jesus
30Aug	Matthew 15-16	88	OV: Matthew 14-28

31Aug	Matthew 17-18	89	
1Sep	Matthew 19-20	90	
2Sep	Matthew 21-22	91	
3Sep	Matthew 23-24	92	
4Sep	Matthew 25-26	93	
5Sep	Matthew 27-28	94	THM: Witness
6Sep	Mark 1-2	95	THM: The Gospel According to Mark
7Sep	Mark 3-4	96	THM: Gospel
8Sep	Mark 5-6	97	
9Sep	Mark 7-8	98	
10Sep	Mark 9-10	99	BC: Gospel of Mark
11Sep	Mark 11-12	100	
12Sep	Mark 13-14	101	
13Sep	Mark 15-16	102	OV: Mark
14Sep	John 1-2	103	OV: John 1-12
15Sep	John 3-4	104	THM: Water of Life
16Sep	John 5-6	105	
17Sep	John 7-8	106	
18Sep	John 9-10	107	
19Sep	John 11-12	108	
20Sep	John 13-15	109	OV: John 13-21
21Sep	John 16-18	110	
22Sep	John 19-21	111	
23Sep	Luke 1	112	OV: Luke 1-9
24Sep	Luke 2-3	113	BC: Luke 1-2
25Sep	Luke 4-5	114	BC: Luke 3-9
26Sep	Luke 6-7	115	
27Sep	Luke 8-9	116	THM: The Prodigal Son
28Sep	Luke 10-11	117	OV: Luke 10-24
29Sep	Luke 12-13	118	
30Sep	Luke 14-16	119:1-32	

1Oct	Luke 17-18	119:33-64	
2Oct	Luke 19-20	119:65-96	BC: Luke 19-23
3Oct	Luke 21-22	119:97-128	
4Oct	Luke 23-24	119:129-152	BC: Luke 24
5Oct	Acts 1-2	119:153-176	OV: Acts 1-12
6Oct	Acts 3-4	120	THM: Holy Spirit
7Oct	Acts 5-6	121	BC: Acts 1-7
8Oct	Acts 7-8	122	BC: Acts 8-12
9Oct	Acts 9-10	123	
10Oct	Acts 11-12	124	
11Oct	Acts 13-14	125	OV: Acts 13-28
12Oct	Acts 15-16	126	BC: Acts 13-20
13Oct	Acts 17-18	127	
14Oct	Acts 19-20	128	
15Oct	Acts 21-22	129	BC: Acts 21-28
16Oct	Acts 23-24	130	WDS: Yakhal - Hope
17Oct	Acts 25-26	131	
18Oct	Acts 27-28	132	



CHAPTER 15

THE PEOPLE OF THE KINGDOM

	READING	PSALM	VIDEO
19Oct	Romans 1-2	133	OV: Romans 1-4
20Oct	Romans 3-4	134	WDS: Yakhal - Grace
21Oct	Romans 5-6	135	OV: Romans 5-16
22Oct	Romans 7-8	136	
23Oct	Romans 9-10	137	RTB: Historical Context
24Oct	Romans 11-12	138	RTB: Literary Context
25Oct	Romans 13-14	139	
26Oct	Romans 15-16	140	

27Oct	1 Corinthians 1-2	141	OV: 1 Corinthians
28Oct	1 Corinthians 3-4	142	
29Oct	1 Corinthians 5-6	143	
30Oct	1 Corinthians 7-8	144	
31Oct	1 Corinthians 9-10	145	
1Nov	1 Corinthians 11-12	146	
2Nov	1 Corinthians 13-14	147	
3Nov	1 Corinthians 15-16	148	
4Nov	2 Corinthians 1-2	149	OV: 2 Corinthians
5Nov	2 Corinthians 3-4	150	
6Nov	2 Corinthians 5-6	1	
7Nov	2 Corinthians 7-8	2	WDS: Generosity
8Nov	2 Corinthians 9-10	3	
9Nov	2 Corinthians 11-13	4	
10Nov	Galatians 1-2	5	OV: Galatians
11Nov	Galatians 3-4	6	
12Nov	Galatians 5-6	7	
13Nov	Ephesians 1-2	8	OV: Ephesians
14Nov	Ephesians 3-4	9	WDS: Shalom - Peace
15Nov	Ephesians 5-6	10	
16Nov	Philippians 1-2	11	OV: Philippians
17Nov	Philippians 3-4	12	WDS: Chara - Joy
18Nov	Colossians 1-2	13	OV: Colossians
19Nov	Colossians 3-4	14	
20Nov	1 Thessalonians 1-2	15	OV: 1 Thessalonians
21Nov	1 Thessalonians 3-4	16	
22Nov	1 Thessalonians 5	17	
23Nov	2 Thessalonians	18	OV: 2 Thessalonians
24Nov	1 Timothy 1-2	19	OV: 1 Timothy
25Nov	1 Timothy 3-4	20	THM: Public Reading of Scripture
26Nov	1 Timothy 5-6	21	
27Nov	2 Timothy	22	OV: 2 Timothy

28Nov	Titus	23	OV: Titus
29Nov	Philemon	24	OV: Philemon
30Nov	Hebrews 1-2	25	OV: Hebrews
1Dec	Hebrews 3-4	26	
2Dec	Hebrews 5-6	27	
3Dec	Hebrews 7-8	28	
4Dec	Hebrews 9-10	29	
5Dec	Hebrews 11-13	30	
6Dec	James 1-3	31	OV: James
7Dec	James 4-5	32	
8Dec	1 Peter 1-2	33	OV: 1 Peter
9Dec	1 Peter 3-5	34	
10Dec	2 Peter	35	OV: 2 Peter
11Dec	1 John 1-2	36	OV: 1-3 John
12Dec	1 John 3-4	37	WDS: Agape - Love
13Dec	1 John 5, 2-3 John	38	
14Dec	Jude	39	OV: Jude



CHAPTER 16 THE REVELATION

	READING	PSALM	VIDEO
15Dec	Revelation 1-3	40	OV: Revelation 1-11
16Dec	Revelation 4-6	41	RTB: Apocalyptic Literature
17Dec	Revelation 7-9	42	
18Dec	Revelation 10-11	43	
19Dec	Revelation 12-13	44	OV: Revelation 12-22
20Dec	Revelation 14-16	45	
21Dec	Revelation 17-18	46	
22Dec	Revelation 19-20	47	THM: Heaven and Earth
23Dec	Revelation 21-22	48	

APPENDIX

SPIRITUAL GROWTH CONTINUUM

We each want to uncover insights about what advances our spiritual growth and what gets in the way. Our definition of “spiritual growth” is based on Jesus’ teaching about the greatest commandment—to love God and to love others (Mt 22:36-40).

How would you describe your current pace of spiritual growth?

Stalled Content Slow But Steady Moderate Rapid

What’s your greatest desire from the church?

- ☐ Help me understand the Bible in depth.
- ☐ Help me develop a personal relationship with Jesus.
- ☐ Help me in my time of emotional need.
- ☐ Provide a clear pathway to guide growth.
- ☐ Challenge me to grow.
- ☐ Help me feel like I belong.

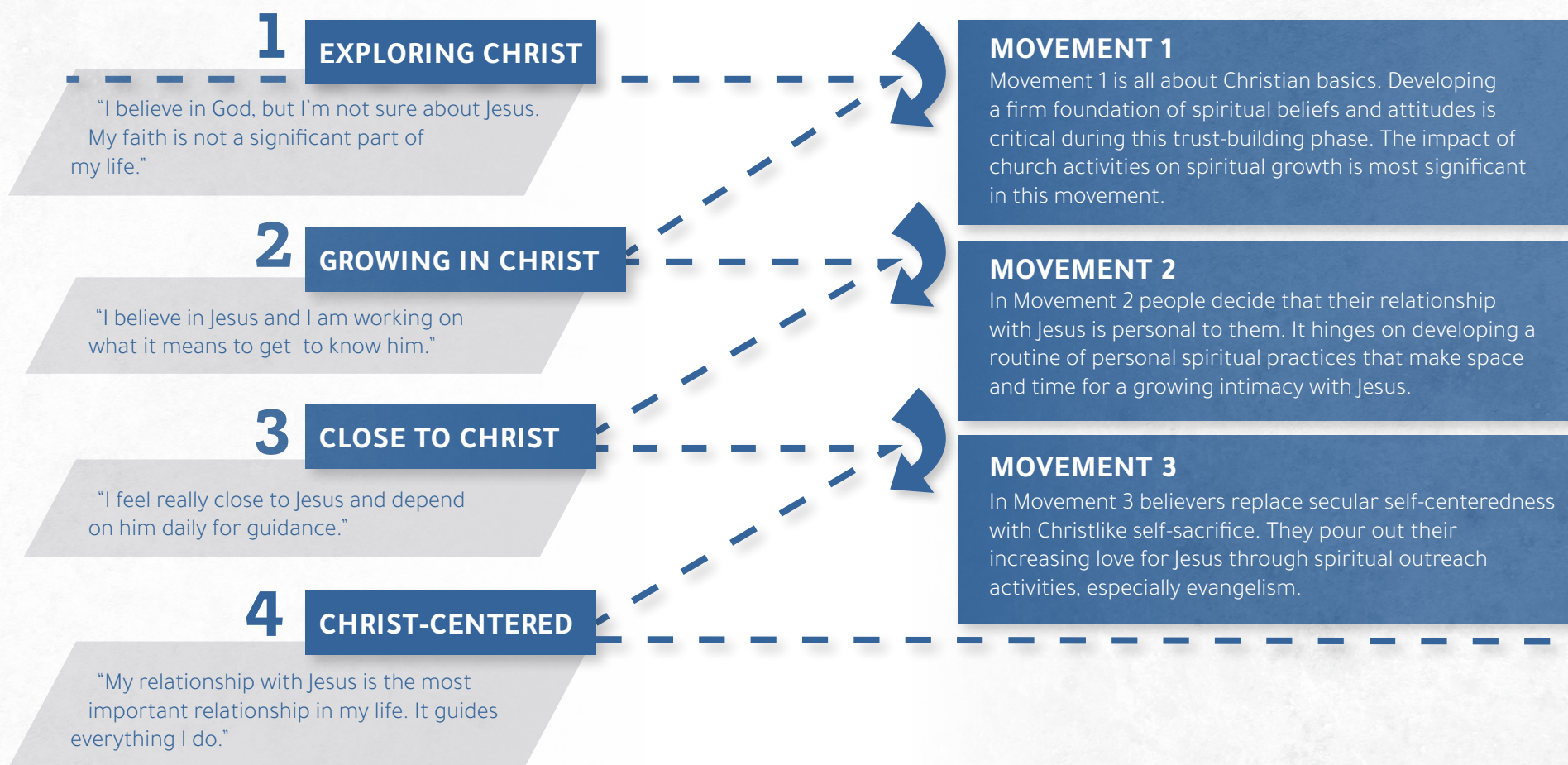
WHERE ARE YOU AT?

A fascinating study was done a few years ago on spiritual growth in the church. One thing that emerged was a spiritual growth continuum (Move: What 1,000 Churches Reveal About Spiritual Growth, Greg Hawkins and Cally Parkinson). The continuum showed four segments of church attenders:

- 1. Exploring Christ:** The people in this segment have a basic belief in God, but they are unsure about Jesus and his role in their lives.
- 2. Growing in Christ:** The people in this segment have a personal relationship with Jesus. They’ve made a commitment to trust him with their destinies, but they are just beginning to learn what it means and what it takes to develop a relationship with him.
- 3. Close to Christ:** The people in this segment depend on Jesus every day. They see Jesus as someone who assists them in life. On a daily basis, they turn to him for help and guidance for the issues they face in life.
- 4. Christ-Centered:** The people in this segment would identify their relationship with Jesus as the most important relationship in their lives. They realize that life is not about Jesus just helping them with their lives, but a willingness to sacrifice anything for Jesus’ kingdom mission here and now.

SPIRITUAL GROWTH OCCURS IN THREE MOVEMENTS ACROSS THE SPIRITUAL CONTINUUM

The most important thing is not just identifying where you are on the spiritual growth continuum, but to experience growth—to move forward! As you can see in the image below, there are three big movements that take place. People who were surveyed from across the four segments on the continuum reported that movement for them was propelled by leaning into specific (1) Core Beliefs & Attitudes, (2) Church Activities, (3) Personal Spiritual Practices, and (4) Spiritual Activities.



WHICH MOVEMENT DO YOU NEED TO LEAN INTO?

Note: The ones in bold for each movement were reported by those surveyed as the top five which caused the greatest impact of movement.

MOVEMENT 1

FROM EXPLORING CHRIST TO GROWING IN CHRIST:

CORE BELIEFS & ATTITUDES:

- ☐ **Salvation by Grace: I believe nothing I do or have done can earn my salvation (Eph 2:8-9).**
- ☐ **The Trinity: I believe the God of the Bible is the only true God—Father, Son, and Holy Spirit (2 Cor 13:14).**
- ☐ Personal God: I believe God is actively involved in my life (Ps 121).
- ☐ Jesus is First: I desire Jesus to be first in my life (Mt 6:33).
- ☐ Authority of the Bible: I believe the Bible has decisive authority over what I say and do (2 Tim 3:16-17).

CHURCH ACTIVITIES:

- ☐ **Serve the Church: I serve in a church ministry once a month or more.**
- ☐ Weekend Services: I attend weekend services three to four times a month.
- ☐ Small Groups: I meet with a small group through my church once a month or more.

PERSONAL SPIRITUAL PRACTICES:

- ☐ **Reflection on Scripture: Rare to frequent**
- ☐ Bible Reading: Rare to frequent
- ☐ **Prayer to Seek Guidance: Occasional to frequent**
- ☐ Prayer to Confess Sins: Occasional to frequent

SPIRITUAL ACTIVITIES:

- ☐ Spiritual Friendships: I meet with or talk to a close friend who helps me grow spiritually once a month or more.

MOVEMENT 2

FROM GROWING IN CHRIST TO CLOSE TO CHRIST:

CORE BELIEFS & ATTITUDES:

- ☐ **Personal God: I believe God is actively involved in my life (Ps 121).**
- ☐ Salvation by Grace: I believe nothing I do or have done can earn my salvation (Eph 2:8-9).
- ☐ Authority of the Bible: I believe the Bible has decisive authority over what I say and do (2 Tim 3:16-17).
- ☐ Jesus is First: I desire Jesus to be first in my life (Mt 6:33).
- ☐ Identity in Jesus: I exist to know, love, and serve God (Jn 1:12-13).

CHURCH ACTIVITIES:

- ☐ Serve Those in Need through My Church: I serve those in need through my church once a month or more.
- ☐ Serve the Church: I serve in a church ministry once a month or more.
- ☐ Small Groups: I meet with a small group through my church once a month or more.
- ☐ Weekend Services: I attend weekend services three to four times a month.
- ☐ Adult Education Classes Focused on Spiritual Topics: I regularly participate in adult education-type classes focused on spiritual topics.

PERSONAL SPIRITUAL PRACTICES:

- ☐ **Reflection on Scripture: Frequent**
- ☐ **Prayer to Seek Guidance: Frequent to daily**
- ☐ **Tithing: I currently give 10% or more to my church.**
- ☐ Journaling: Rare
- ☐ Solitude: Occasional to frequent
- ☐ Bible Reading: Frequent

SPIRITUAL ACTIVITIES:

- ☐ **Evangelism: I had six or more meaningful spiritual conversations with non-Christians in the past year.**
- ☐ Spiritual Friendships: I meet with or talk to a close friend who helps me grow spiritually once a month or more.
- ☐ Serving Those in Need on My Own: I serve those in need on my own, not through my church, once a month or more.
- ☐ Spiritual Mentors: I meet with or talk to a spiritual mentor or confidant once a month or more.

MOVEMENT 3

FROM CLOSE TO CHRIST TO CHRIST-CENTERED:

CORE BELIEFS & ATTITUDES:

- ☐ **Giving Away My Life: I am willing to risk everything that is important in my life for Jesus (Rom 12:1-2).**
- ☐ **Jesus is First: I desire Jesus to be first in my life (Mt 6:33).**
- ☐ **Identity in Jesus: I exist to know, love, and serve God (Mt 6:33).**

- ☐ **Authority of the Bible: I believe the Bible has decisive authority over what I say and do (2 Tim 3:16-17).**
- ☐ Stewardship: I believe a Christian should live a sacrificial life that is not driven by the pursuit of material things (1 Tim 6:17-19).

CHURCH ACTIVITIES:

- ☐ Serve Those in Need through My Church: I serve those in need through my church once a month or more.
- ☐ Additional Teaching/Worship Service: I attend an additional teaching/worship service.

PERSONAL SPIRITUAL PRACTICES:

- ☐ **Reflection on Scripture: Frequent to daily**
- ☐ Bible Reading: Frequent to daily
- ☐ Solitude: Frequent to daily
- ☐ Prayer to Confess Sins: Daily
- ☐ Journaling: Rare
- ☐ Prayer to Seek Guidance: Daily

SPIRITUAL ACTIVITIES:

- ☐ Evangelism: I had six or more meaningful spiritual conversations with non-Christians in the past year.
- ☐ Spiritual Mentors: I meet with or talk to a spiritual mentor or confidant once a month or more.
- ☐ Serving Those in Need on My Own: I serve those in need on my own, not through my church, once a month or more.

NOTES

NOTES

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*Wednesday Night Community is a mid-week service consisting of worship, teaching, and communion that meets September - April.

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