

Healthy Mind: God Help Us!

Series Intro

Jeremiah 17:7-8, Romans 12:1-2

DISCUSSION QUESTIONS

The following questions are intended to use in discussion and application of the past week's sermon.

Listening

What part of the sermon was most helpful to you or challenged you to think and/or live differently? How will you apply this message to your life?

Engaging

If someone in your group has a Study Bible or a Bible that you have written notes in, go over those past 11 chapters of Romans, and maybe create a list of the big promises that Paul has established. That will help you best understand the foundation that he is basing the 'Therefore' in Romans 12:1 upon.

Our model for the 'nonconformity' that Paul talks about is Jesus, as we see his response to the temptations of the Devil (Mt.4:1-10). Discuss what his nonconformity and renewal by the streams of God's Word models for us amidst temptations of our mind.

Applying

What do you think you think about the most (in a day? in a week?)? What do you talk about the most?

Pastor John mentioned a practice (that his wife gave him) of only processing an issue one time in a day. Have you found any similar practices or self-imposed guidelines to be helpful in your life?

Praying

Take some time as a group and pray over people impacted by the war in the Ukraine. May the Lord bring an end and healing to the violence and destruction taking place.

In light of this message and discussion:

How can we pray for each other?
Where do you feel challenged or convicted?
What can we praise God for?
How can we pray for our church?



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