

Healthy Mind: God Help Us!

Stress

John 11:1-48

DISCUSSION QUESTIONS

The following questions are intended to use in discussion and application of the past week's sermon.

Listening

What part of the sermon was most helpful to you or challenged you to think and/or live differently? How will you apply this message to your life?

Engaging

Daniel 12:2 and aspects of this sermon's passage present the Jewish concept of death involving 'sleeping' nuances, based on the hope that they would one day be awakened. How do you see this language carrying into the promises of the New Testament that we too are awaiting an awakening from sleep?

Read John 12:9-11. The chief priests would rather destroy the evidence than change their minds. Sin produces irrational action. Can you think of examples where the stress you have experienced has resulted in similar irrational action?

There's a theological concept called the 'impassibility' of God. Consider looking the term up and discuss what makes it tenable or untenable, particularly with this weekend's passage in mind.

Applying

How do you envision the Lord Almighty reacting to the stress that you experience? Does that perspective come from a rooting in God's Word and/or the life of Jesus?

What are some healthy or beneficial ways you have dealt with stress?

Praying

Take some time as a group and pray over people impacted by the war in the Ukraine. May the Lord bring an end and healing to the violence and destruction taking place.

In light of this message and discussion:

How can we pray for each other?
Where do you feel challenged or convicted?

What can we praise God for?
How can we pray for our church?



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