

BOOK

WEBSITES

WEBSITES (CONT.)

Brave
by Lisa Barnes

National Suicide
Prevention Lifeline

**Suicide . . .
Read This First**

American Foundation for
Suicide Prevention

Depression and Bipolar
Support Alliance (For Teens)

BOOKS

**Braver Stronger Smarter:
A Girls Guide to
Overcoming Worry
& Anxiety**
by Sissy Goff

Brave
by Lisa Barnes

For Kids